

Middle Sub School

Year 9 into 10

Subject Selection 2027

**Handbook for
Students and Parents**



For any questions, please reach out to:

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Table of Contents

ITEM	PAGE
Middle School Overview	3
Year 10 Expectations	4
Subject Overview	5
English Overview	6
Mathematics Overview	7-8
Humanities and Science Overview	9
Science Options	10-14
Humanities Options	15-16
Community Connections Overview	17
Elective Overview	18
Arts Options	19-23
Technology Options	24-28
Health/PE Options	29-30
Language Options	31-32
Accelerated VCE Overview	33
Accelerated VCE Options	34-36
Accelerated VET Overview	37
Accelerated VET Options	38-48

Middle Sub School Outline

The Middle School Program at Monterey Secondary College emphasises providing students with the opportunity to explore a wide range of career and pathway options while meeting their individual needs. Engagement, wellbeing, and differentiation are at the forefront of our approach, ensuring that each student can thrive. As the gateway to the Senior School Program, Middle School sets the stage for students to start exploring their interests through engaging elective options.

In Year 10, the focus on personal growth is integrated into all classes, which not only enhance students' interpersonal skills but also educates them about various future pathways and career options. This approach ensures that students develop into well-rounded individuals. The increasing demands on learning are met within a supportive environment that fosters both academic and personal growth.

The Victorian Curriculum for Years 9 and 10 offers a coherent and comprehensive set of prescribed content and achievement standards, guiding schools in planning student learning programs. Our program is flexible and tailored to individual needs, allowing students to engage in a variety of subjects and identify areas of particular interest. This personalised approach helps students align their learning with their future schooling and career aspirations.

Subjects and Period Allocation

- English (5 periods)
- Maths (5 periods)
- Humanities/Science (4 periods)
- Elective 1 (4 periods)
- Elective 2 (4 periods)
- Community Connect (3 periods)

Sample Timetable:

MON	TUE	WED	THU	FRI
ELE1	HUM	ELE2	COM	HUM
ELE1	ELE1	ELE2	COM	HUM
ENG	MAT	MAT	MAT	MAT
ENG	ENG	ENG	MAT	ENG
HUM	ELE2	ELE1	ELE2	COM

Year 10 Expectations

Attendance and Punctuality

Being at school every day is the number one thing to set students up for success. Students must aim to attend every day to help them to feel confident in their progress and be ready for their chosen pathway into Senior School. We understand that sometimes life can be challenging, and there may be reasons why coming to school is hard. If this is the case, please reach out to the school as we want to help all students feel safe, supported, and ready to learn.

Excellent Learner Rubric

Across the school, our aim is to build independent, lifelong learners with opportunities to succeed in a variety of pathways, whatever their interests. The Excellent Learner Rubric helps them to identify where they are at in their learning journey and set goals towards improving this. Students can track how they are progressing on the Excellent Learner Rubric through progress reports that are posted to Compass every 3 weeks.

Professional Behaviours

These are the non-negotiable learning behaviours that set students up for learning and for life. As students move into Year 10, they are encouraged to consider how these behaviours translate in the workplace, further study and beyond.

Sub School	100-95%	95-90%	90-80%	80-70%	70-50%	Below 50%
Senior (11-12)	VCE VCE-VM	VCE VCE-VM	VCE VCE-VM	VPC	VPC	Engage-ment
Middle (9-10)	Main-stream	Main-stream	Main-stream	Main-stream	Activate	Engage-ment
Junior (7-8)	Main-stream	Main-stream	Main-stream	Activate	Engage-ment	Engage-ment

Attend to Achieve			
Progression	Participating	Engaging	Excelling
Organisation and learning habits	- I am on time to class - I complete all expected classwork/coursework - I am prepared with all materials - I follow entry routines	- I set learning/study goals with teacher support - I use my class time productively - I attempt additional tasks, completing my class/coursework	- I set self-directed learning/study goals - I support peers with their learning - I seek extension or challenging class/coursework
Communication and feedback	- I actively track the speaker - I accept feedback - I engage in discussion when called upon	- I implement feedback to improve - I offer opinions and ideas in discussions	- I seek feedback to extend myself - I self-reflect to improve - I lead thoughtful discussion
Problem Solving and Critical Thinking	- I ask for help when I get stuck - I can identify key ideas and knowledge	- I ask clarifying questions when needed - I use a range of resources and strategies to solve problems - I apply ideas and knowledge	- I ask clarifying questions to develop understanding - I persevere to solve complex problems - I evaluate ideas and knowledge
Supported Learner  Independent Learner			

Subject Overview

Mathematics	Mainstream Maths	Advanced Maths	Applied Maths		
Science	Forensic Science	Medical and Chemical Science	Psychology	Exercise and Performance Science	Science Extension
Humanities	The Law and I	Business	Rights and Resistance	Community Connections	
Arts	Media	Design and Communication (VCD)	Visual Arts	VET Music Performance (Taster)	Music
Technology	Digital Technologies	Food Technology	Construction and Furnishing	VET Café (Taster)	Textiles
Physical Education and Health	Sports Coaching	Healthy Body, Healthy Mind			
Languages	Auslan	Japanese			
Accelerated VCE	VCE Psychology	VCE Business Management			
Accelerated VET	Certificate II Construction Pathways	Certificate III Sound Production	Certificate III Music Performance	Certificate II Visual Arts/Creative Industries	Cert II Community Services

English (Core)

This class of English study is based on the Year 10 expectations set in the Victorian Curriculum documents, and focuses on reading, writing, and speaking and listening. Students will work towards expanding their ability to comprehend and analyse a range of literary texts, as well as focus on a number of writing strategies. Lastly, students will be supported to develop stronger presentation and speaking skills, through both oral presentations, and group interpretations of texts. All students study the text, 'The Curious Incident in the Night time' by Mark Haddon.

Unit 1: Crafting Texts

Unit 2: Personal Response to Text

Unit 3: Persuasive Response to Text (Oral Presentation)

Unit 4: Analytical Response to Text

Unit 5: Analysing Persuasive Language

What you will learn:

- Reading Comprehension
- Crafting a variety of creative texts to the topic of "Identity"
- How to persuade someone
- How to analyse different text types

Assessments:

- Creative Writing
- Persuasive Speech
- Argument Analysis Essay
- Text Response Essay
- Personal Response

Mathematics (Core)

Year 10 is the point at which students begin to follow different mathematics pathways designed to support their future study and career goals.

Students will be able to nominate their preferred mathematics pathway; however, final pathway placement will be determined using teacher judgement and student achievement data (such as NAPLAN, PAT and CAT data).

Mainstream Maths

This course covers the standard Year 10 Mathematics curriculum and builds a strong foundation across all key areas of mathematics. It is suited to students seeking a balanced maths pathway that keeps a range of future study and career options open, while developing practical problem-solving and numeracy skills for everyday life.

- **Unit 1: Summary Statistics**
- **Unit 2: Probability**
- **Unit 3: Algebra**
- **Unit 4: Linear Equations**
- **Unit 5: Bivariate Data**
- **Unit 6: Measurement**
- **Unit 7: Pythagoras and Trigonometry**
- **Unit 8: Financial Mathematics**

Senior Pathway: VPC Numeracy, VCE-VM Numeracy, VCE General Maths

Advanced Maths

Entry requirement: Students selecting this Maths pathway must be working at or above a year 9 level in mathematics.

This course is designed for students who are confident in mathematics and want to continue studying maths or science in the senior years. It builds strong problem-solving, algebraic and analytical skills, and provides a solid foundation for more advanced mathematical study.

It covers the first 7 units from Mainstream Maths, with the addition of the following units:

- **Non-linear equations**
- **Logarithms and Exponentials**

Senior Pathway: VCE-VM Numeracy, VCE General Maths, VCE Maths Methods

Applied Maths

This course is a good choice for students who have found maths challenging or prefer a more hands-on approach to learning. It focuses on real-world problem-solving and helps students develop confidence with the mathematical skills needed for everyday life, the workplace and future pathways.

Senior Pathway: VPC Numeracy, VCE-VM Numeracy

Science and Humanities (Core)

In Year 10, students have the option between completing science or humanities as an additional core subject. In 2026, there will be a number of different sub-topics for students to choose from as semester long units. See below for topic descriptions.

Science:

- Forensic Science
- Medical and Chemical Sciences
- Psychology
- Exercise and Performance Science
- Science Extension*

Humanities:

- The Law and I
- Leadership and Management Skills
- Rights and Resistance

Students will complete one Humanities and one Science unit per semester. For students who may want to select a science-based VCE pathway, they may be considered to complete two Science subjects across the year. This will be on a case-by-case basis.

*Students choosing Science Extension should do so in consultation with their Year 9 science teacher to ensure the class is right for them.



Science Electives

Psychology

Psychology is the scientific study of the mind and behaviour. This course will cover essential topics such as sleep, memory, and personality, exploring how these elements influence our daily lives and overall wellbeing. Through experiments, case studies, and interactive activities, students will gain a deeper understanding of how we think, feel, and behave.

What you will learn:

- Explore learning and memory and how these are impacted by disease and mental health conditions
- Learn about the science of sleep
- Learn about the parts of the brain and how they function

Assessments:

- Scientific Reports and Posters
- Case Study Analysis
- Problem solving involving scientific concepts/skills



Senior Pathway: VCE Psychology

Medical and Chemical Science

In Medical and Chemical Sciences, you will explore the science behind medicine and the human body through the lenses of biology, chemistry, and psychology. You will learn about the periodic table of elements, investigate how reaction rates influence chemical processes, examine diseases and

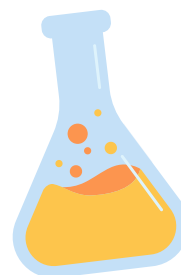
how the immune system defends the body, and explore key concepts in psychology. By the end of this subject, you will have a strong foundation in chemical, biological, and psychological sciences, preparing you for VCE Biology, VCE Chemistry, or further study in health-related fields.

What you will learn:

- Learn about types of diseases and the immune system
- Explore how the brain learns and memorises information.
- Learn about the periodic table of elements and reaction rates.
- Participate in hands-on experiments.

Assessments:

- Scientific Reports and Posters
- Case Study Analysis
- Problem solving involving scientific concepts/skills



Senior Pathway: VCE Chemistry, VCE Biology

Forensic Science

Forensic Science combines biology, chemistry, and physics to investigate crime scenes and analyse evidence. In this subject, you'll develop scientific inquiry skills and apply them to real-world forensic scenarios. You will explore DNA extraction and profiling, the physics of car crashes, autopsy procedures, and how the human body responds to trauma. Through case studies and practical investigations, you'll learn to analyse forensic evidence and interpret scientific data.

What you will learn:

- Learn about how DNA is analysed in forensic investigations.
- Design an experiment related to blood spatter analysis.
- Learn how the human body is analysed in forensic science.
- Explore how physics is used to analyse car crashes and shootings.
- Participate in hands-on experiments.

Assessments:

- Student-designed experiments
- Scientific Poster
- Case Study Analysis
- Problem solving involving scientific concepts/skills



Senior Pathway: VCE Biology

Exercise & Performance Science

In this subject, students will explore the physiological adaptations that occur in the human body in response to different types of physical training. Students will investigate how the muscular, cardiovascular, and respiratory systems respond to strength, power, speed, and aerobic training, and

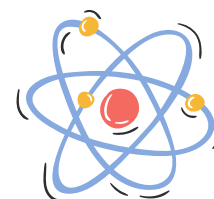
how these adaptations improve performance and health. Students will also examine how factors such as rest, recovery, and nutrition influence the effectiveness of training. Through practical activities and scientific inquiry, students will develop an understanding of the body's capacity to adapt and improve through targeted physical activity.

What you will learn:

- Learn about the muscular, cardiovascular and respiratory systems in the body
- Learn how body systems are impacted by strength, power and aerobic training
- Explore how nutrition impacts the effectiveness of exercise training
- Participate in hands-on experiments related to exercise and performance

Assessments:

- Scientific Reports and Posters
- Case Study Analysis
- Problem solving involving scientific concepts/skills



Senior Pathway: VCE Biology

Science Extension

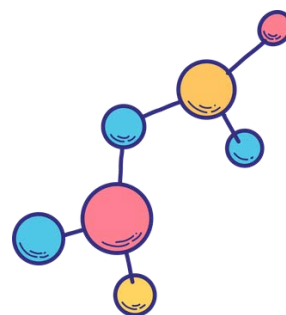
Science Extension is an advanced enrichment program that provides motivated students with the opportunity to explore science in greater depth and complexity. Students will engage in challenging investigations, develop advanced scientific skills, and build strong foundational knowledge across core scientific disciplines. It is highly recommended that students who are considering studying VCE Chemistry or VCE Biology in Year 11 and 12 choose science extension as an elective in Year 10 to prepare for Year 11 and 12.

What you will learn:

- Develop key science skills including experimental design, data analysis, scientific communication, and critical thinking
- Strengthen foundational knowledge in Biology, Chemistry, Physics, and Psychology
- Participate in hands-on experiments, inquiry-based investigations, and real-world science challenges
- Build skills that support success in VCE science subjects and tertiary science pathways
- Work collaboratively with like-minded peers who share a passion for science

Assessments:

- Student-designed experiments
- Scientific Reports and Posters
- Case Study Analysis
- Problem solving involving scientific concepts/skills



Senior Pathway: VCE Chemistry, VCE Biology, VCE Psychology

Humanities Electives

The Law and I

Understand how laws are made and changed in Australia. In the Law & I you'll learn about your rights and duties as a citizen. By looking at real-life examples of crime and disputes, you'll understand how the legal system works in action and gain insight into the legal principles.

What you will learn:

- Legal principles
- Court Hierarchy
- Criminal Law
- Civil Law
- Sentencing

Assessments:

- Case Study with short answer questions
- Portfolio of cases
- Extended Response



Senior Pathway: VCE Legal Studies

Business

Delve into the art of managing your own business. Explore resource allocation, budgeting, decision making and the financial responsibilities of being an adult! Research businesses and explore the intricacies of effective leadership, strategic planning, and team dynamics.

What you will learn:

- Foundations of starting a business
- Share market and trading
- How to market a product or service

Assessments:

- Business Plan
- Marketing Plan
- Case Studies



Senior Pathway: VCE Business Management

Rights and Resistance

In Rights and Resistance: you will investigate how the role of media and people's power has shaped the world today. From exploring powerful leaders such as Martin Luther King Junior, Ho Chi Minh and Charles Perkins, to examining the rise of social media and music in protest, students will learn key moments that shaped the world today.

What you will learn:

- Slavery in both America and Australia
- Civil Rights Movement in both America and Australia
- Vietnam War including the role of music in protesting

Assessments:

- Historical Source Analysis
- Research Inquiry
- Extended Response



Senior Pathway: VCE Chemistry, VCE Biology, VCE Psychology

Community Connections (Core)

Incorporating the Industry and Enterprise Study Design, Compulsory Work Experience, and a Community-based Project, Community Connections allows students to explore the world of work and build resume skills that will assist them beyond school.

Unit 1 Industry and Enterprise:

Duration: 2 Terms

This unit prepares students for effective workplace participation with an exploration of the importance of work-related skills. They actively exploring personal career goals and pathways, observe industry and employment trends and analyse current and future work options. Students also develop skills that assist in dealing with issues commonly affecting participants in the workplace. Students examine the diverse contexts in which work takes place in Australian society by investigating a range of work settings. They investigate job tasks and processes in work settings, as well as entry-level requirements for work in selected industries. Students research work-related issues, and consider strategies to develop interpersonal skills and effective communication to deal with a selected issue.

Work Experience:

Duration: 1 Term (Preparation) 1 Week (External Work Experience)

After completing the relevant occupational health and safety (OH&S) induction program, students demonstrate the practical application of their work-related skills by completing at least 35 hours of structured workplace learning.

Community Project:

Duration: 1 Term

Students develop their strengths and skills in a community-based project facilitated by the Salvation Army in Frankston North. Students will have the opportunity to participate in a range of tasks to develop a group project with the goal of supporting the community.



Sample Yearly Outline

Term 1: Industry and Enterprise

Term 2: Work Experience

Term 3: Industry and Enterprise

Term 4: Community Project

Electives Options

In Year 10, students have the opportunity to engage in a range of elective options that provide an insight into the possible senior pathways they will engage with in Year 11 and 12. Options include:

Arts:

- Media
- Design and Communication (VCD)
- Visual Arts
- VET Music Performance (Taster)
- Music

Technology:

- Digital Technologies
- Food Technology
- Construction and Furnishing
- VET Cafe (Taster)
- Textiles

Physical Education and Health:

- Sports Coaching
- Healthy Body, Healthy Mind

Languages:

- Auslan
- Japanese*

*For students completing this in Year 9

Students will complete up to 2 elective subjects. Some Elective 2 subjects are a 'VET Taster,' meaning they will complete partial units to test out subjects they could potentially complete in Years 11 and 12.

Students will also have the opportunity to replace an elective subject with a full VET or VCE subject if they wish to start this a year early (see VCE/VET subjects and application form for more details).

Please note, it is important that electives are chosen based on interest in the subject area, as cut-off dates for class changes will occur early in Term 1.



Arts Electives

Music

Join a band and perform LIVE! This is a practical class where students will develop instrumental or production skills and rehearse in bands/ duos / solos with a focus on playing live in our live music space “The Rey”. Students will work with members of our instrumental music team to develop technical skills on either Guitar, Bass Guitar, Voice, Drums, Keyboard and Ableton Push2. They will form bands and rehearse the music they are interested in and perform live. Students will also develop skills using mixing consoles, lighting design and video production.

What you will learn:

- Join a Band
- Rehearse and Gig Regularly
- Multitrack record and produce your band / music
- Participate in technical production including camera ops, video switching, lighting design, VJing, live sound mixing

Assessments:

- Performance portfolio
- Live recording of band / music
- Live performance



Senior Pathway: VET Music Performance, VET Sound Production

VET Music Performance (Taster)

Students will develop foundational performance skills through both solo and ensemble music experiences. In CUAMPF112: Perform Simple Musical Parts in Ensemble, students learn to follow musical direction, rehearse collaboratively, and perform simple parts confidently as part of a group. In CUAMPF211: Perform Simple Musical Pieces, students build their individual performance skills by preparing and presenting simple musical works using basic techniques, musical expression, and stage confidence.

What you will learn:

- Join a Band
- Rehearse
- Gig Regularly

Assessments:

- CUAMPF112: Perform Simple Musical Parts in Ensemble
- CUAMPF211: Perform Simple Musical Pieces



Senior Pathway: VET Music Performance, VET Sound Production

Design and Communication (VCD)

Visual communication is storytelling; it's how we share information and create experiences using various visual mediums. Visual Communication Design (VCD) is about turning ideas into action through design. In VCD, you'll learn to solve problems with human-centred design approaches and think creatively. By working on hands-on projects, you'll gain proficiency in traditional and digital media, explore cultural and environmental contexts, and develop presentation and communication skills, preparing you for future opportunities in the design industry.

What you will learn:

- Isometric and Orthographic drawing
- Problem Solving Skills
- Explore methods and materials
- Respond to design briefs
- Document and evaluate use of design processes



Assessments:

- Design Brief Project
- Classwork

Senior Pathway: VCE Visual Communication & Design, VCE VET Creative Digital Media (Screen & Media)

Visual Arts

Visual Arts is designed to prepare you for a creative arts pathway in Years 11 and 12. Running over one semester, it offers a practical introduction to what you can expect in VET Visual Arts. Students will develop and use their own Visual Art journal to explore materials, experiment with techniques, and document ideas in preparation for resolved artworks. Through visual language and the design process, you'll bring your own stories, experiences, and sense of place into your work. This subject encourages creativity, experimentation, and collaboration, giving you the opportunity to learn alongside your teacher and classmates while building confidence and developing your artistic practice.

What you will learn:

- Explore sculpture techniques through hands-on experimentation with form, texture, and construction
- Develop and maintain a Visual Art folio to document ideas, artist research, material testing, and creative development
- Create a self-portrait project exploring the theme “What it Means to Be Australian” through personal identity, culture, and storytelling
- Investigate activism and the role of art in creating social commentary through lino cutting and printmaking techniques
- Build skills in visual language, composition, and conceptual thinking across a range of art forms
- Experiment with materials and processes including textiles, painting, drawing, and sculptures
- Develop a self-directed body of work that reflects individual interests, ideas, and artistic strengths
- Participate in class discussions, critiques, and collaborative learning experiences to support artistic growth and confidence

Assessments:

- Sculpture Exploration C.A.T
- Visual Art Folio Development
- Self-Portrait: What it Means to Be Australian
- Activism Printmaking C.A.T
- Self-Directed C.A.T



Senior Pathway: VET Visual Arts, VCE Art Making & Exhibiting

Media

Students will explore how media shapes the way we communicate, entertain, and share ideas in everyday life. Through hands-on projects, students will create their own media products such as short films, photography, digital content, or social media campaigns while developing skills in planning, filming, editing, and analysing media texts. The elective encourages creativity, collaboration, and critical thinking, helping students understand how media influences audiences and contemporary culture.

What you will learn:

- Storytelling, visual communication, and creative thinking
- How to analyse and reflect on media messages and representations
- Film and video production
- Social media and digital communication

Assessments:

- Short film production
- Media analysis responses
- Class discussions and peer feedback



Senior Pathway: VCE Media, VET Creative Digital Media

Technology Electives

Construction and Furnishing

This course prepares students for future pathways in VET Construction or Furniture Making and an aptitude for learning with your hands would be an advantage. Students will develop practical skills through individual and collaborative projects integrating essential fabrication processes, and safe working habits with various hand tools, power tools and machinery. This subject will equip students with foundational industrial knowledge, problem-solving abilities, and hands-on experiences. Projects are geared towards industry standards to plan and design projects, manually produce components, assemble, and complete the finishing stages.

What you will learn:

- Planning/ Designing
- Measurement/Layout & Calculations
- Safe use of Handtools, Powertools & Plant Machinery
- Timber Machining
- Product Assembly
- Furniture Finishing

Assessment:

- Practical Skill Assessment
- Demonstrations/ Observations
- Project Portfolio: -Written Questions: Short answers
- Sketches/ Drawings
- Calculations
- Planning chart



Senior Pathway: VET Construction, VET Furniture Making

Food Technology

During Semester 1 in Year 10 Food Technology, students engage in learning experiences related to the topic of cultural foods and discovering new cuisines, as well as sustainability. They are challenged to master kitchen basics and learn new skills such as piping, pastry making and deep frying. Students respond to design briefs and create solutions that meet dietary, cultural, sustainability and ethical requirements. They build the knowledge, skills and capacity to source, prepare, cook and share food in a sustainable manner to promote a healthy and balanced lifestyle. Recipes include Portuguese tarts, golden syrup dumplings, nasi goreng, gozleme, sweet and sour chicken and focaccia.

What you will learn:

- Multicultural Food
- Sustainability
- Food Trends
- Time Management
- Budgeting
- Safe Use of Kitchen Tools and Equipment

Assessments:

- Food Trends CAT
- (research task)
- Sustainability CAT (case studies)
- Participation in Practical Classes



Senior Pathway: VET Cookery, VET Hospitality

VET Cafe (Taster)

A VET taster elective for students interested in Hospitality and/or Cookery. Students gain hands-on experience in areas such as food safety and hygiene, customer service, barista coffee skills, and preparing and presenting pastries to industry standards. Students may achieve up to four units of competency that can contribute towards a VET qualification. This subject requires students to demonstrate competency through face-to-face assessments; therefore, attendance is essential.

This elective is excellent preparation for the full VET Hospitality and VET Cookery Certificate courses available in Year 11.

What you will learn:

- Food handlers
- Coffee
- Pastries
- Customer service



Assessments:

- Written and practical competency.
- Services where they must demonstrate clear communication with customers.

Senior Pathway: VET Cookery, VET Hospitality

Digital Technology

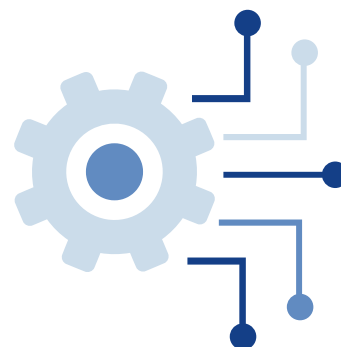
Students will have the opportunity to design and build their own digital solutions, such as games or interactive programs. They develop skills in planning ideas using algorithms, flowcharts, and pseudocode, and then bring those ideas to life through basic programming. This hands-on component of the elective focuses on problem-solving, creativity, and testing and improving designs, while also building practical digital skills that support further study and real-world applications in technology.

What you will learn:

- Design and build simple games and interactive programs
- Create algorithms, flowcharts, and pseudocode
- Learn basic programming skills
- Test, debug, and improve programs

Assessments:

- Planning and Algorithms CAT
- Digital Solution Project (Game or Program)



Senior Pathway: VCE Applied Computing, VET Information & Communications Technology

Textiles

The focus of this elective is to develop sewing machine skills and conventional sewing and decorating techniques. Students will learn various ways of decorating fabric including embroidery and applique techniques. Students will learn to upcycling clothing and fabric and will trial processes, such as knitting, crocheting, macrame and weaving, to analyse their suitability for a product. Students will make two products which may include a fabric challenge, a hoodie and a soft toy.

What you will learn:

- Create, adapt and refine design ideas
- Design a product for an end user
- Hands on experience with a range of materials and equipment.

Assessments:

- Written questions
- Reflection journal
- Practice joining and decorating techniques
- Use machines and equipment
- Design, make and reflect on final projects.



Senior Pathway: VET Apparel, Fashion & Textiles, VCE Product Design & Technology

Health & Physical Education Electives

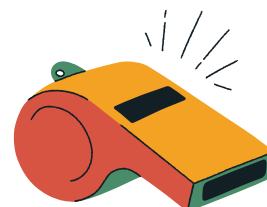
Sport Coaching

In this subject, students will develop leadership, teamwork and communication skills through both theoretical and practical coaching experiences. The program introduces students to the fundamentals of sports coaching, including coaching styles, communication techniques, coaching strengths, lesson planning, managing equipment, creating safe sporting environments, and understanding the roles, expectations, and code of conduct of a coach.

Students will have the opportunity to participate in peer coaching sessions where they will plan, conduct and evaluate successful sporting activities. The course also provides students with the opportunity to complete Level 1 AFL Coaching Accreditation and AFL Umpiring Accreditation. Through active participation and game management, students will gain a greater understanding of a variety of sports while building confidence in leadership and decision-making within sporting environments.

What you will learn:

- Coaching Styles
- Roles & expectations of a coach
- Coaching code of conduct
- Communication Styles
- Coaching Strengths
- Planning a lesson
- Managing equipment
- Creating safe sporting environments



Assessments:

- Level 1 Coaching AFL
- Umpiring Course AFL
- Coach Sessions (Peer coaching)

Senior Pathway: VCE VET Sport & Recreation

Healthy Mind, Healthy Body

In this subject, students will explore the connection between physical health, mental wellbeing and healthy lifestyles while developing knowledge and skills that provide a pathway into Year 11 Health Services. Through both theoretical and practical learning experiences, students will investigate body systems, their structures and functions, and the disorders, illnesses and benefits associated with maintaining healthy body systems.

Students will also develop practical health-related skills including effective communication techniques, first aid knowledge and strategies for supporting personal and community wellbeing. The course explores the impact of stress on both the body and mind, encouraging students to understand how lifestyle choices can influence physical and mental health outcomes. Throughout the program, students will build their ability to work collaboratively, think critically and apply health knowledge to real-world scenarios.

What you will learn:

- Understanding body systems, their structures and functions
- Exploring disorders, illnesses and conditions affecting body systems
- Identifying the benefits of healthy lifestyle choices on the body and mind
- Developing effective communication and interpersonal skills
- Learning basic first aid knowledge and response strategies
- Understanding the impact of stress on physical and mental wellbeing

Assessments:

- First Aid



Senior Pathway: VCE VET Health Services

Language Electives

Auslan

In Year 10 Auslan class, students will develop their confidence and fluency in communicating using Australian Sign Language. They will focus on conversation skills and to hold longer, more natural signed conversations, share ideas and opinions, and tell more detailed stories using a range of visual communication skills such as facial expressions, body language, and signing space.

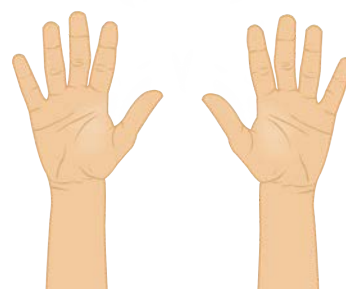
Students also build their understanding of how Auslan works as a language, exploring how meaning is created through movement and expression. They will translate and interpret different types of texts and create bilingual texts to use in the wider school community.

What you will learn:

- How to hold longer, more natural signed conversations.
- Auslan storytelling skills
- Visual communication skills, including facial expressions, body language and signing space.
- Deaf culture and community.
- The history of Auslan and regional variations.
- Translating English texts to Auslan grammar

Assessments:

- Written knowledge questions
- Practical assessment tasks
- Research assignments
- Participation in practical presentations
- Research tasks



Senior Pathway: VCE Auslan, VET Auslan

Japanese

By the end of Year 10, students initiate and sustain Japanese to exchange and compare ideas and experiences about their own and others' personal worlds, using spoken and written language to collaborate, plan and reflect on activities and events. Students interpret and analyse information and ideas in texts and demonstrate their understanding of different perspectives.

Students apply features and conventions of spoken Japanese to enhance fluency. They select and apply knowledge of language conventions, structures and features to interact, make meaning from, and create spoken and written texts appropriate to different levels of formality. Students reflect on their own language use and cultural identity, and draw on their experience of learning Japanese, to discuss how this influences their ideas and ways of communicating.

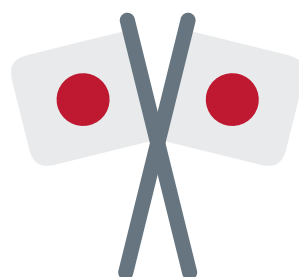
This subject is only available to students who completed Japanese in Year 9.

What you will learn:

- Speaking
- Listening
- Writing
- Reading

Topics:

- School life
- Home life
- Holidays/travel
- Celebrations
- Shopping
- Making plans



Assessments:

- Spoken assessment (orals and conversations)
- Listening assessment
- Writing assessment
- Reading assessment

Accelerated VCE Subjects

Students in Year 10 have the opportunity to complete a VCE Unit 1 and 2 to accelerate them into their future senior pathway. Students who wish to do so will need to complete an application submitted to the Senior School Leaders.

VCE Subjects Available:

- VCE Psychology (Unit 1&2)
- VCE Business (Unit 1&2)

Consider whether you are:

Feeling unchallenged in a subject		Below standard in one or more subjects	
Achieving above standard in one or more subjects		Often struggle to complete schoolwork and homework	
Always complete classwork and homework on time		Learn best with a lot of structure	
An independent learner		Struggle to attend consistently	

Enrolment Process:

Not all students will be eligible to complete a VCE subject in Year 10. Enrolment will be offered to students based on academic results, teacher recommendation and student commitment to a scored VCE Pathway in Year 11 and Year 12.

Students who feel ready for an accelerated subject into a scored VCE pathway are required to complete an application form and have a meeting with the Careers Practitioner. See form attached below.

Students who do not meet the criteria for VCE in Year 10 will still be able to enrol in the subject in Year 11.

VCE Psychology

Unit 1 and 2 Psychology is a broad discipline that incorporates both the scientific study of human behaviour through biological, psychological and social perspectives and the systematic application of this knowledge to personal and social circumstances in everyday life.

Unit 1: How are behaviour and mental processes shaped?

Key Knowledge:

- The complexity of psychological development
- Defining and supporting psychological development
- Role of the brain in mental processes and behaviour
- Brain plasticity and brain injury
- Analysis of scientific evidence and communication

Unit 2: How do internal and external factors influence behaviour and mental processes?

Key Knowledge:

- Social cognition
- Factors that influence individual and group behaviour
- Perception
- Distortions of perception
- Student directed research investigation

Assessment:

The College determines Unit 1 and Unit 2 Assessment. It will include:

- Folio of class work and practical activities
- School Assessed Coursework including, tests, reports and/or media analysis/response
- Empirical Research Activity
- School Based Exams



VCE Business Management

VCE Business Management examines the ways businesses manage resources to achieve objectives. The VCE Business Management Study Design follows the process from the initial idea for a business concept, to planning and establishing a business, through to the day-to-day management of a business. It also considers changes that need to be made to ensure the continued success of a business. Students develop an understanding of the complexity of the challenges facing decision-makers in managing businesses and their resources. A range of management theories is considered and compared with management in practice through contemporary case studies drawn from the past four years. Students learn to propose and evaluate alternative strategies in response to contemporary challenges in establishing and operating a business.

Unit 1: Planning a business

Businesses of all sizes are major contributors to the economic and social wellbeing of a nation. The ability of entrepreneurs to establish a business and the fostering of conditions under which new business ideas can emerge are vital for a nation's wellbeing. Taking a business idea and planning how to make it a reality are the cornerstones of economic and social development. In this unit students explore the factors affecting business ideas and the internal and external environments within which businesses operate, as well as the effect of these on planning a business. They also consider the importance of the business sector to the national economy and social wellbeing.

- Area of Study 1 – The business idea
- Area of Study 2 – Internal business environment and planning
- Area of Study 3 – External business environment and planning

Unit 2: Establishing a business

This unit focuses on the establishment phase of a business. Establishing a business involves compliance with legal requirements as well as decisions about how best to establish a system of financial record keeping, staff the business and establish a customer base. In this unit students examine the legal requirements that must be met to establish a business. They investigate the essential features of effective marketing and consider the best way to meet the needs of the business in terms of staffing and financial record keeping. Students analyse management practices by applying key knowledge to contemporary business case studies from the past four years.

VCE Business Management (cont.)

- Area of Study 1 – Legal requirements and financial considerations
- Area of Study 2 – Marketing a business
- Area of Study 3 – Staffing a business

Assessments:

- Student's performance will be assessed using one or more of the following:
- a case study analysis
- short-answer and extended-answer structured questions
- a business research report
- development of a business plan and/or feasibility study
- an interview with and a report on a chosen business
- a school-based, short-term business activity
- a business simulation exercise
- an essay
- a business survey and analysis
- a media analysis



Accelerated VET Subjects

Students in Year 10 have the opportunity to complete a VET Year 1 to accelerate them into their future senior pathway.

VET Subjects Available:

- VET Certificate II Construction Pathways
- VET Certificate III Sound Production
- VET Certificate III Music Performance
- VET Certificate II Visual Art/Creative Industries
- VET Certificate II Community Services

Consider whether you are currently:

Attending above 80% of a full mainstream timetable (25 periods per week)	
Work safely and follow all OHS requirements	
Stay up to date with all work and submitting all required work on time	
Attend your VET on a Wednesday or a Friday	
Catch up on missed work from Year 10 classes you miss on a VET day	

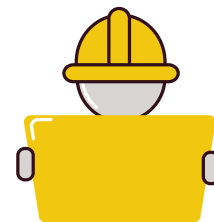
Enrolment Process:

Starting a VET certificate at Year 10 is not for everyone. Enrolment will be offered to students based on the following requirements:

- A minimum of 80% attendance in a full mainstream program (25 periods per week)
- Demonstrated academic progress and completion of classwork, as evidenced through progress report data
- Positive teacher feedback and recommendation

Students who feel ready for an accelerated VET subject are required to complete an application form and have a meeting with the Careers Practitioner. Students who do not meet the criteria for VET in Year 10 will still be able to enrol in the subject in Year 11.

Certificate II in Construction Pathways (Building and Construction)



COURSE OUTLINE:

- Training Provider: AIET (RTO - 121314)
- Course Code: CPC20220
- Location: MSC
- Duration: 2-Year Program
- Day/Time: TBA
- Audience: Year 10*, Year 11 & Year 12 VCE & VCE-VM Students

Description:

Provides a pathway to the primary trades in the construction industry with the exception of plumbing. Trade outcomes are predominantly achieved through an Australian apprenticeship and this certificate allows for inclusion of skills suited for entry to off-site occupations, such as joinery and shopfitting, as well as carpentry, bricklaying and other occupations in general construction. This certificate is designed to introduce learners to the recognised trade callings in the construction industry and provide.

Contribution to Year 10, Year 11 & Year 12 VCE VM Students:

Year 10: Students will be eligible for a minimum of two credits towards the VCE or the VCE-VM if they complete both years successfully.

VCE VM: Students will be eligible for a minimum of two credits towards your VCE-VM

Sample Units of Study: 1st Year

- Work effectively and sustainably in the Construction Industry
- Plan and organise work
- Carry out measurements and calculations Undertake a basic construction project
- Apply WHS requirements, policies and procedures in the Construction Industry

What to bring:

- Students are required to wear appropriate clothes and footwear. Students are required to have the following at all classes: Safety work boots/shoes.

Certificate II in Construction Pathways (cont.) (Building and Construction)

Structured Workplace Learning:

- Recommended but not mandatory.

Job Opportunities:

- Carpentry apprenticeship
 - Wall and floor tiling apprenticeship
 - Bricklaying apprenticeship
 - Joinery and shopfitting apprenticeship
 - Painting and decorating apprenticeship
- Further Study:
- Certificate III in Bricklaying/Block-laying
 - Certificate III in Carpentry
 - Certificate III in Joinery

Please note: These details are subject to change and will require confirmation by the Registered Training Provider or TAFE.

VET enrolments are processed through secondary school VET Coordinators. If you are interested in completing this program, please contact your school VET Coordinator.

*For Year 10 students to enrol into any of the above courses, there is a strict eligibility requirement, such as learning behaviours, attendance and literacy/numeracy levels.

VCE VET MUSIC

Certificate III in Music – Music Performance



COURSE OUTLINE:

- Training Provider: COSAMP (RTO - 41549)
- Course Code: CUA30920
- Location: MSC
- Duration: 2-Year Program
- Day/Time: TBA
- Audience: Year 10*, Year 11 & Year 12 VCE & VCE-VM Students

Description:

Provides students with the opportunity to apply a broad range of knowledge and skills in varied work contexts in the music industry. Depending on the electives chosen, Units 1 and 2 can include making a music demo, composing simple songs or musical pieces and developing ensemble skills. Units 3 and 4 offer scored assessment and include units such as developing improvisation skills, preparing for performance and performing music as part of a group or as a soloist.

Contribution to Year 10, Year 11 & Year 12 VCE & VCE VM Students:

Year 10: Students will be eligible for a minimum of two credits towards the VCE or the VCE-VM if they complete both years successfully.

VCE: Students wishing to receive an ATAR contribution must undertake scored assessment for the purpose of achieving a study score. This study score can contribute directly to the primary four or as a fifth or sixth subject.

VCE VM: Students will be eligible for a minimum of two credits towards your VCE-VM

Sample Units of Study:

- Implement copyright arrangements
- Work effectively in the music industry Plan a career in the creative arts industry
- Develop technical skills for musical performances Prepare for musical performances
- Develop and perform musical improvisation
- Develop and apply stagecraft skills
- Perform music as part of a group
- Perform simple repertoire in ensembles
- Contribute to backup accompaniment as part of a group
- Provide event staging support

VCE VET MUSIC (cont.)

Certificate III in Music – Music Performance

What to bring:

- Musical instrument of choice

Structured Workplace Learning:

- Recommended but not mandatory

Specialisation:

- To achieve a 'Performance' specialisation, a minimum of 4 units from Group A, coded CUAMPF, must be selected

Job Opportunities:

- Audio & Sound Production
- Composition
- Performance & Songwriting
- Music Business
- Music Production

Further Study:

- Cert IV in Music Production
- Bachelor of Arts (Music)
- Bachelor of Music Industry
- Bachelor of Music Performance

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VCE VET MUSIC

Certificate III in Music – Sound Production

COURSE OUTLINE:

- Training Provider: COSAMP (RTO - 41549)
- Course Code: CUA30920
- Location: MSC
- Duration: 2-Year Program
- Day/Time: TBA
- Audience: Year 10*, Year 11 & Year 12 VCE & VCE-VM Students



Description:

Provides students with the opportunity to apply a broad range of knowledge and skills in varied work contexts in the music industry. Depending on the electives chosen, Units 1 and 2 can include making a music demo, composing simple songs or musical pieces and developing ensemble skills. Units 3 and 4 offer scored assessment and include units such as developing improvisation skills, preparing for performance and performing music as part of a group or as a soloist.

Contribution to Year 10, Year 11 & Year 12 VCE & VCE VM Students:

Year 10: Students will be eligible for a minimum of two credits towards the VCE or the VCE-VM if they complete both years successfully.

VCE: Students wishing to receive an ATAR contribution must undertake scored assessment for the purpose of achieving a study score. This study score can contribute directly to the primary four or as a fifth or sixth subject.

VCE VM: Students will be eligible for a minimum of two credits towards your VCE-VM

Sample Units of Study:

- Implement copyright arrangements
- Work effectively in the music industry Plan a career in the creative arts industry
- Develop technical skills for musical performances Prepare for musical performances
- Develop and perform musical improvisation
- Develop and apply stagecraft skills
- Perform music as part of a group
- Perform simple repertoire in ensembles
- Contribute to backup accompaniment as part of a group
- Provide event staging support

VCE VET MUSIC (cont.)

Certificate III in Music – Sound Production

What to bring:

- Musical instrument of choice

Structured Workplace Learning:

- Recommended but not mandatory

Specialisation:

- To achieve a 'Sound Production' specialisation, a minimum of 4 units from Group C, coded CUASOU, must be selected.

Job Opportunities:

- Audio & Sound Production
- Composition
- Performance & Songwriting
- Music Business
- Music Production

Further Study:

- Cert IV in Music Production
- Bachelor of Arts (Music)
- Bachelor of Music Industry
- Bachelor of Music Performance

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Certificate II Visual Arts



COURSE OUTLINE:

- Training Provider: COSAMP (RTO - 41549)
- Course Code: CUA20720
- Location: MSC
- Duration: 1-Year Program
- Day/Time: TBA
- Audience: Year 10*, Year 11 & Year 12 VCE-VM Students

Description:

The Certificate II in Visual Arts is designed to provide students with the opportunity to build skills and knowledge in art and design, as well as begin preparation of a portfolio for further study, entry-level positions in the creative industry, or a career as an independent artist. Students explore a range of techniques in sculpture, painting, printmaking, and textiles and apply these skills to independent and group projects. This course provides hands on experience with a range of materials and equipment and scope to imagine, create and develop your own ideas into final artworks every few weeks.

Contribution to Year 10, Year 11 & Year 12 VCE VM Students:

Year 10: Students will be eligible for a minimum of two credits towards the VCE or the VCE-VM if they complete both years successfully.

VCE VM:

Students will be eligible for a minimum of two credits towards your VCE-VM

Sample Units of Study: 1st Year

- Contribute to the health and safety of self and others
- Develop drawing skills to communicate ideas
- Follow a design process
- Develop painting skills
- Make simple creative work
- Source and use information relevant to own arts practice

Types of Assessment:

- Answer written questions
- Trial materials and techniques
- Make and reflect on final artworks

Certificate II Visual Arts (cont.)

What to bring:

- N/A

Structured Workplace Learning:

- Recommended but not mandatory

Job Opportunities:

- | | |
|----------------------|------------------|
| • Illustrator | • Art Teacher |
| • Artist | • Art therapy |
| • Artist assistant | • Collage artist |
| • Arts Administrator | • Art critic |
| • Web Designer | • Game artist |
| • Animator | |

Further Study:

- Certificate III in Visual Arts
- Diploma in Visual Arts
- Bachelor of Fine Art

Please note: These details are subject to change and will require confirmation by the Registered Training Provider or TAFE.

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VET/ VCE VET Studies

Certificate II in Community Services



COURSE OUTLINE:

- Training Provider: Ripponlea Institute (RTO - 21230)
- Course Code: CHC22015
- Location: Monterey SC
- Duration: 1-Year Program
- Day/Time: TBA
- Audience: Year 10*, Year 11 & Year 12 VCE-VM and VPC Students

Description:

The Certificate II in Community Services provides students with the necessary knowledge and skills to engage in job roles within a range of community organisations in the service industry. Students learn to work with people of diverse backgrounds, engage safely in their role and provide support. They develop the skills to organise their time and tasks, follow procedures, and respond effectively to the needs of the people with whom they work. This qualification may be used as a pathway for workforce entry as community services workers who provide a first point of contact and assist individuals in meeting their immediate needs. At this level, work takes place under direct, regular supervision within clearly defined guidelines. Certificate II in Community Services allows students to develop the skills and knowledge to undertake community services work, such as providing support and assistance to various clients, including childcare, the elderly and the disability sector. This course is perfect for students looking to move into various areas in the community services sector. It is the perfect building block for developing a sound educational base specific to the fastest-growing sector in Australia.

Contribution to Year 10, Year 11 & Year 12 VCE-VM Students

Year 10: Students will be eligible for a minimum of two credits towards the VCE or the VCE-VM if they complete both years successfully.

VCE-VM: Students will be eligible for a minimum of two credits towards your VCE-VM

VET/ VCE VET Studies (cont.)

Certificate II in Community Services

Sample Units of Study:

Core Units

- CHCCOM001 Provide first point of contact
- CHCCOM005 Communicate and work in health or community services
- CHCDIV001 Work with diverse people
- HLTWHS001 Participate in workplace health and safety
- BSBWOR202 Organise and complete daily work activities

Elective Units

- CHCVOL001 Be an effective volunteer
- HLTAID010 Provide basic emergency life support
- FSKLRG09 Use strategies to respond to routine workplace problems
- FSKOCM07 Interact effectively with others at work

Structured Workplace Learning (SWL)

- Recommended but not mandatory

Learning Areas:

- Working with diverse people
- Communication in the workplace
- Work health and safety
- Teamwork

Job Opportunities:

Activities within the sector predominantly fall into two categories:

- Direct community service activities provided to individuals and families
- Community sector activities, including working with groups and communities, social planning, advocacy and social action, assistance to other organisations

The main aim of the community services sector is to 'provide support to sustain and nurture the functioning of individuals, families and groups, to maximise their potential and to enhance community wellbeing. Community support services are diverse and range from care and information activities to referrals and interventions with respect to working with families, children and vulnerable members of the community.

VET/ VCE VET Studies (cont.)

Certificate II in Community Services

The workforce encompasses a diverse range of job roles and functions in the industries of:

- Housing
- Health
- Education
- Aged services

Job roles can include:

- Family Support Worker
- Refugee Support Worker
- Community services worker
- Volunteer Support Worker
- Community development worker
- Recreation Officer
- Welfare Support Worker
- Community Arts Worker
- Residential Care Worker
- Youth worker
- Chaplain or pastoral care worker

Further Study:

- CHC32015 Certificate III in Community Service
- CHC42015 Certificate IV in Community Services
- CHC52015 Diploma of Community Services

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